



## Grand Avenue Primary & Nursery School

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### Mental Health and Wellbeing Coffee Morning for Parents/Carers

Wednesday 31<sup>st</sup> January 2024

Our Mental Health Support Team will be leading a coffee morning focussing on - Anxiety

Please click this link if you would like to join our coffee morning.

<https://forms.gle/XAebaGiS9LkYh8Cf9>

There are 30 places available which will be allocated on a first come first served basis.

Date: Wednesday 31<sup>st</sup> January 2024

Time: 9am to 10.30am

Where: Grand Avenue Meeting room

We look forward to welcoming you into school.

Mrs Jane Pidduck

Senior HLTA and Mental Health Lead



*Enjoying Learning - Exceeding Expectations*